

**Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs**

**Local Wellness Policy:
Triennial Assessment Summary**

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment:

Morrice Area Schools

Month and year of current assessment: May 31st, 2023

Date of last Local Wellness Policy revision: September 20th, 21

Website address for the wellness policy and/or information on how the public can access a copy:

<https://go.boarddocs.com/mi/morri/Board.nsf/Public?open&id=policies#>

Section 2: Wellness Committee Information

How often does your school wellness committee meet? Four times a year

School Wellness Leader:

Name	Job Title	Email Address
Kylie Richard	Public Health Nurse	Richard@morrice.k12.mi.us

School Wellness Committee Members:

Name	Job Title	Email Address
Kylie Richard	Public Health Nurse	Richard@morrice.k12.mi.us
Kendall Crockett	Physical Education Teacher	crockett@morrice.k12.mi.us
Lynnette Cole	Business Manager	cole@morrice.k12.mi.us
Janet Killingsworth	Director of Dining Services	Killingsworthj2@perry.k12.mi.us
Daniel Nolen	Jr/Sr High Principal	nolen@morrice.k12.mi.us
Rob Pouch	Superintendent	Pouch@morrice.k12.mi.us
Bethany Skene	Elementary Principal	Skene@morrice.k12.mi.us

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

Michigan State Board of Education Model Local School Wellness Policy

- ☐ Alliance for a Healthier Generation: Model Policy
- ☐ WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

Our wellness policy mimics the model wellness policy. Our policy focuses on healthy eating, ensuring students are offered periods of time to allow physical activity. Our policy provides standards and guidelines for foods and beverages offered during school hours. Our policy also has guidelines on fund raising events and limiting to only two fund raisers of sweet/unhealthy foods.

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

Michigan Department of Education

Local Wellness Policy Assessment Plan

School Name: Morrice Area Schools

Date: May 31st, 2023

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Example: Food and beverages will not be used as a reward for students.	a) Provide teachers with list of non-food reward examples. b) Discuss changes at back-to-school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed.	Before the beginning of next school year.	– Verbal check-ins with staff to ensure compliance. – Teacher survey at end of school year.	Principal	Teachers, staff, students	Yes
Farm to school, Taste testing with seasonal product	1. Taste Testing 3 times a year 2. Using Fresh produce from local farms 3. Offering a wider variety of fresh foods	August 20, 2023	Tracking in a log what farm fresh foods were provided with date provided	DDS	Students	In progress

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Play 60, encouraging more physical activity in Jr/Sr high	Students with access to internet will track their physical activity progress. PE teacher will encourage physical activity and use of tracking activity	August 20, 2023	PE teacher will track progress of physical activity that is input into the Play 60 tracker	Kendall Crockett PE teacher	Students in grades 6-12	In progress
Pacer Test	Continuing current curriculum	August 20, 2023	PE teacher will assess students physical activity level at the beginning of the school year and again at the end	Kendall Crockett PE teacher	Students in grades K-5	In progress

Physical Activity Goal(s):

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Classroom Lesson Plans	Public Health nurse will provide classroom education to the students on physical activity, and healthy eating	August 20, 2023	Nurse Tracks Classroom visits and topics in a spread sheet	Public Health Nurse	Students	In progress

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Reduction of sweet treats offered in the district	Fund raisers will have to have fund raising events approved by building principal, who will track the type of fund raiser, healthy food choices will be promoted	August 20, 2023	Building principal will keep a spread sheet and fund raising events and items sold	Building Principals	Students and staff	In progress

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Teachers will have a guideline for special occasions	Teachers will be responsible for providing parents and guardians a guideline for healthy snack options that can be brought into the classroom for special occasions	August 20, 2023	Teachers will monitor the food brought into the classroom	Teachers	Students	In progress

Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal			Measurement		Stakeholders	
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What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	How is progress measured?	Lead Person	Who will be involved and/or impacted?	Complete?
Advertising National School Lunch Week	Promoting school lunches, will get advertising material from director	October 9-13, 2023	Logging in a spread sheet what advertising has happened and on what days	DDS	Students	In progress